
Cindy Pierce

Author, Speaker, Storyteller & Sexuality Educator

February 2024 Newsletter

Hello Readers,

This month's newsletter includes:

- Information about an upcoming [webinar I'm hosting on Tuesday, February 13th for adults who are dating or in relationships](#). Please pass this along to any of the younger people you know who are in the dating or early relationship realms. *This is not a webinar for high school or college students.* In the next couple of months, I will offer more webinars for parents of young kids, parents of teens, and committed couples who want to stay connected. If you have other ideas for webinars, get in touch with Sarah Callaway: info@cindy-pierce.com
- Ideas about when and how to give **kids the opportunity to have smartphones**. Along with some of my general thoughts, I included links to articles from one of my most valued resources, *Children and Screens*.
- Update about my upcoming performances of [Keeping It Inn](#) in New England this spring and summer

Thanks for reading,
Cindy

***Dating in 2024:
Navigating Relationships, Hookups, and Everything In Between***

A webinar with Cindy Pierce, Social Sexuality Educator

Tuesday, February 13, 2024

Sign up [HERE](#)



Whether you are in a committed relationship, navigating some phase of a relationship, actively dating, hooking up, or dipping your toes into all of it, this webinar is for you.

Join Cindy Pierce for an hour of informative, dynamic, and humorous dialogue, during which she will answer questions about dating, sex, pleasure, and much more.

As a social sexuality educator, speaker, and author, I have become well-versed in the common questions and challenges people face as they navigate hookups, committed relationships, and the wide variety of purposefully unlabeled sexual encounters. In my twenty years of conversations with people of all ages, I have learned that almost everyone has questions about sex and intimacy but will avoid asking them at all costs.

Many people privately believe they should be much more knowledgeable about sex and feel at ease connecting with people they find attractive. Most young people don't realize is that they are in good company with most adult humans. Regardless of the number of partners or the number of years with a partner, the majority of folks try to figure sex out as they go. Many just go along with what they stumble into even

though it isn't emotionally or physically unfulfilling.

My mission is to inform, guide, and educate people in a way that alleviates stress and restores the belief that a fulfilling relationship is possible for anyone. Despite widespread stress about face-to-face communication, most people carry the weight of feeling like the only one who doesn't get it. I plan to answer questions submitted by participants. If we have time, I will answer other questions and demystify pleasure. I promise to put participants at ease and direct them toward resources to support their path to better understanding and more joy.

You may submit questions anonymously via link we will share a week before the webinar, or you can submit questions in real-time during the Zoom session.

If you have any questions or issues with Zoom, please contact Sarah Callaway at: info@cindy-pierce.com

[Sign Up HERE](#)

How to Introduce Smartphones to Children



Parents and caregivers frequently ask me when and how to introduce smartphones to their children. Fortunately, I have learned from my mentors who are experts on smartphones and social media, including Devorah Heitner, PhD., author of *Growing*

Up in Public: Coming of Age in a Digital World. You will find many helpful tips from Devorah Heitner and others in all three articles below.

When it comes to allowing your child to have a smartphone, my number one advice is to delay as long as possible despite the title wave of pressure from peers (both the kids' and the parents' peers!) and cultural norms. Parents and caregivers often cite "safety" as why they succumbed to the pressure, somehow disregarding the access kids with phones have to a bottomless pit of unsafe content that is often inappropriate and unsettling.

My advice is to engage in conversations about smartphones and social media early and often, just as parents and caregivers should approach sexuality education: Start early and have conversations often. Conversations about healthy and responsible behavior online with any device should start long before kids have smartphones.

If you have kids or know anyone with kids, I suggest forwarding the following Tip Sheets.

Children and Screens: Institute of Digital Media and Child Development Parenting Tip Sheets

Part ONE of our three-part tip sheet series on smartphone introduction and ownership:

[Assessing Readiness](#)

Part TWO of our three-part tip sheet series on smartphone introduction and ownership

[Smartphones: Preparing for Healthy Use](#)

Part THREE of our three-part tip sheet series on smartphone introduction and ownership

[After the Smartphone: What Now?](#)

New England Tour of Keeping It Inn





I am ending my speaking season a couple of months early this year to do a Spring Tour of ***Keeping It Inn***. We have performances scheduled in Portland, ME, Manchester, VT, Burlington, VT, and WRJ, VT. We are in the process of finding venues in the Seacoast Area of NH and ME as well as other New England towns. Details and ticket information will be in the March newsletter.

Check out Cindy's YouTube channel
ONWARD WITH THE AWKWARD

Please forward this newsletter to anyone who may be interested in my work or direct them to the subscribe link below.

Subscribe to my newsletter



Cindy Pierce
Social Sexuality Educator, Author & Comic Storyteller
www.cindy-pierce.com

Books by Cindy:

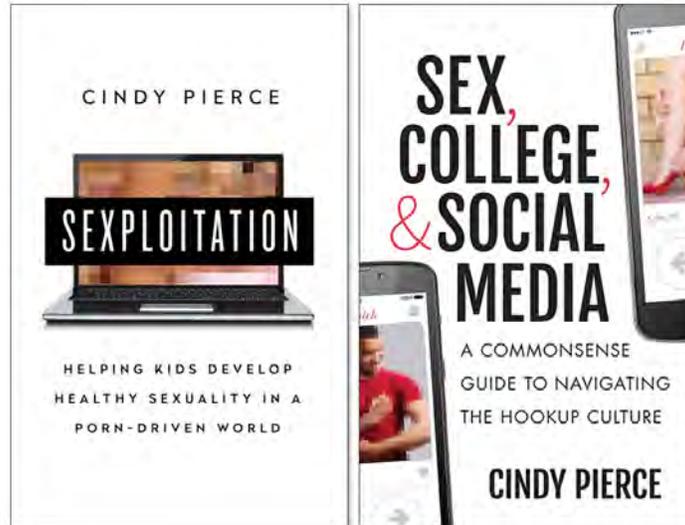
Sexploitation: Helping Kids Develop Healthy Sexuality in Porn-Driven World

(Bibliomotion, 2015)

and

Sex, College and Social Media: A Commonsense Guide to Navigating the Hookup

Culture (Bibliomotion, 2016)



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