

Cindy Pierce

Author, Speaker & Comic Storyteller

April 2024 Newsletter

Hello Readers,

This month's newsletter features updates, a book recommendation, and some costume creation photos:

1. I am taking [Keeping It Inn](#) on Tour across New England this spring. Below on the right, you can find the full line-up of the spring tour, including dates, locations, and links for tickets. Below the ticket links, you will find a few photos of my sister Sarah's costume sewing. She is creating outfits for the 60s and 70s that are spot on for our mom back in the day.

2. "[Humans of the Upper Valley](#) aims to tell the stories of the wonderful and diverse Upper Valley community. Through these stories, we hope to get at the heart of the human experience." It was an honor to be one of the humans in the UV to be featured. You can read the article [HERE](#).

3. I just listened to a recently released book that has climbed onto my list of top five books of all time. Please scroll down and learn more about [UNDERESTIMATED: THE WISDOM AND POWER OF TEENAGE GIRLS](#) by [Chelsey](#).

KEEPING IT INN

New England
Tour

**April 25 - June 9
2024**

Dates and details:

Thursday and Friday
April 25-26, 2024

[The Hill Arts](#)

Portland, Maine

[» Thursday tickets«](#)

[» Friday tickets«](#)

Saturday and Sunday
April 27-28, 2024

[Middlebury Town Hall
Theater](#)

Middlebury, VT

[» Saturday tickets«](#)

[» Sunday matinee
tickets«](#)

Thursday and Friday
May 9-10, 2024

[STAR Theatre](#)

Kittery, Maine

[» Thursday tickets«](#)

[Goodan](#)

Thanks for reading,
Cindy

Humans of the Upper Valley

The Upper Valley one story at a time



“...Through my work, the message that I want to put out to the world is that it is a glitchy operation being a human being. I aim for a B- in everything and feel like a badass if and when that occurs. We will all be figuring out life until we hit the exit ramp. I am forgiving of myself, and I want people to be more forgiving of themselves in all realms – as parents, in their jobs, and with their partners...”

[READ THE FULL ARTICLE](#)

[» Friday tickets «](#)

Saturday

May 11, 2024

[Southern Vermont Arts Center](#)

Manchester, Vt.

[» Purchase tickets «](#)

Friday

May 17, 2024

[Mosesian Center for the Arts](#)

Watertown, Mass.

[» Purchase tickets «](#)

Friday through Sunday
May 31 and June 1-2, 2024

[Main Street Landing](#)

Burlington, Vt.

[» Friday tickets «](#)

[» Saturday tickets «](#)

[» Sunday matinee tickets «](#)

Friday through Sunday
June 7-9, 2024

[Briggs Opera House](#)

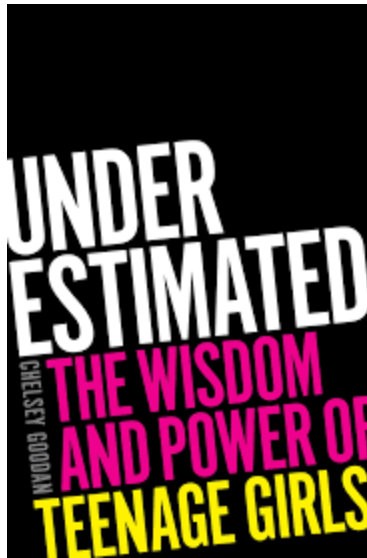
White River Junction, Vt.

[» Friday tickets «](#)

[» Saturday tickets «](#)

[» Sunday matinee tickets «](#)





Underestimated: The Wisdom and Power of Teenage Girls
by Chelsey Goodan

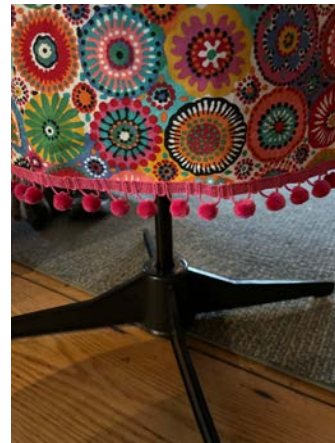
Chelsey Goodan's brand new book, ***UNDERESTIMATED: THE WISDOM AND POWER OF TEENAGE GIRLS*** has moved onto my all-time list of favorite books in any category. Goodan has an uncanny ability to connect with teenage girls who freely share their frustrations, hopes, doubts, and truths with her. She devotes full chapters to topics such as shame, power, self-doubt, the Media, perfection, people-pleasing, and much more. This book has the potential to dramatically shift the attitudes of parents, caregivers, educators, and coaches from hesitation to joy in their interactions with teenage girls. I highly recommend this book for women of all ages who will recognize themselves in how societal expectations influence their behaviors and choices.

[UNDERESTIMATED: The Wisdom and Power of Teenage Girls](#)

A video from Simon and Schuster Books

[Chelsey Goodan talks new book 'Underestimated,' trusting kids](#)

Sister Sarah Béguelin sewing a 1970s-style dress that really captures our mom's style from back in the day.



Sarah crafted up the perfect nod to Big Nance who was partial to pom-pom cha-cha on her peds, clothing, and curtains.



There is something full circle about Sarah creating the outfits for my role as our mom at Pierce's Inn where we witnessed Big Nance living her full life and slinging wisdom with grace and gusto.



with Hoda & Jenna on TODAY

[If You Have a Teenage Girl in Your Life, You Need to Read This](#)

by Chelsey Goodan for OPRAH DAILY

[Chelsey Goodan discusses her new book, Underestimated: The Wisdom and Power of Teenage Girls](#) on KTLA - Los Angeles

Check out Cindy's YouTube channel
ONWARD WITH THE AWKWARD

Thanks for engaging. Please forward this newsletter to anyone who may be interested in my work or direct them to the subscribe link below.

Subscribe to my newsletter

Cindy Pierce

Social Sexuality Educator, Author & Comic Storyteller

www.cindy-pierce.com

Books by Cindy:

[*Sexploitation: Helping Kids Develop Healthy Sexuality in Porn-Driven World*](#)

(Bibliomotion, 2015)

and

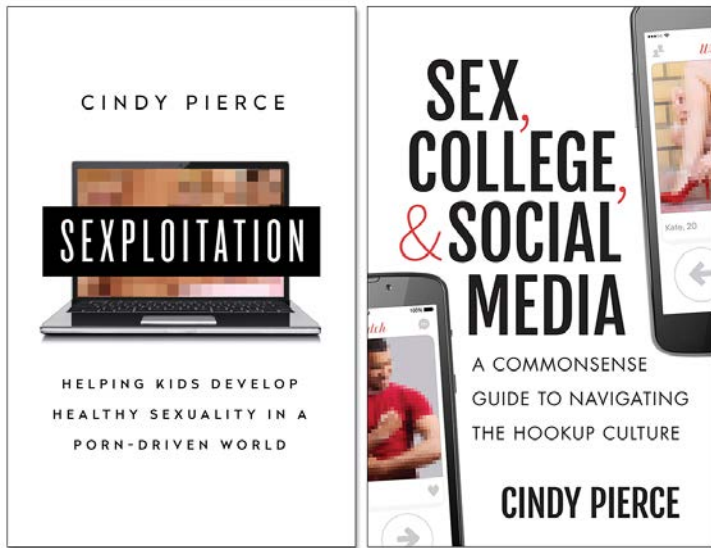
[*Sex, College and Social Media: A Commonsense Guide to Navigating the Hookup Culture*](#)

(Bibliomotion, 2016)

Having a capable sewer-turned-costume designer for a sister will bring up my Big Nance game. This weekend, Sarah whipped up a dress, a top, and a 1960s-style cocktail skirt, all easy for me to get on and off.



Tools of the trade.



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