

Cindy Pierce

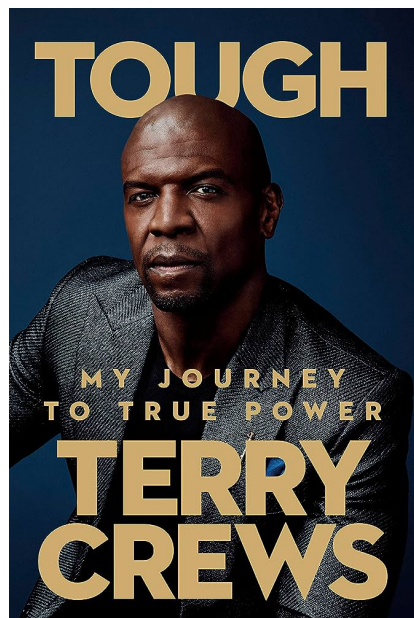
Author, Speaker & Comic Storyteller

November 2023 Newsletter

Hello Readers,

This month, I am highlighting two individuals who are helping to inspire my work and the messages I am sharing with my audiences. Thanks for reading.

Terry Crews Redefines Tough



I was so moved by *Tough: My Journey to True*

Power by Terry Crews that I listened to it twice and will likely read it as well. It is loaded with wisdom. I now include *Tough* on every resource list I share with students, educators, coaches and parents. I grab every chance I get to recommend this book to people.

“Suffer ‘til worthy” continues to be an expectation among boys and men. Despite significant efforts to nudge society toward change, social survival for boys and men is a challenging endeavor. Over the last few decades, many amazing organizations have been created with the intention of supporting boys and men as they navigate society’s expectations and norms. It turns out that the courage required by boys and men to openly engage with and seek support from these organizations is still socially risky. I think reading or listening to *Tough* by Terry Crews could inspire positive changes for individuals, schools, teams, communities and organizations.

Boys and men are desperate to be free from the pressure to conform to the specific male codes in their communities. The emotional courage demonstrated by Terry Crews in the telling of his personal story is powerful because he openly shares his struggles as a survivor of abuse, a porn addict and a “recovering chauvinist” as his wife describes him. Crews explores the powerlessness he masked for many years that was fueled by fear, insecurity and anger. Despite being successful by society’s standards, a series of events led him to wake up and begin the process of setting himself free from the burden of maintaining a false image.

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Closing the Orgasm Gap with Dr. Laurie Mintz

Laurie Mintz, PhD is a total badass in her multiple fields. She is an author, speaker, therapist and professor at the University of Florida. Dr. Laurie Mintz's courses are super popular because she fearlessly goes where so few dare. Laurie is the author of, [Becoming Cliterate](#). I have already learned a lot from Laurie, including the fact that centuries ago, women used a box of bees as a vibrator. Clever!



Check out Cindy's YouTube channel
[ONWARD WITH THE AWKWARD](#)

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Cindy Pierce

Social Sexuality Educator, Author & Comic
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Books by Cindy:

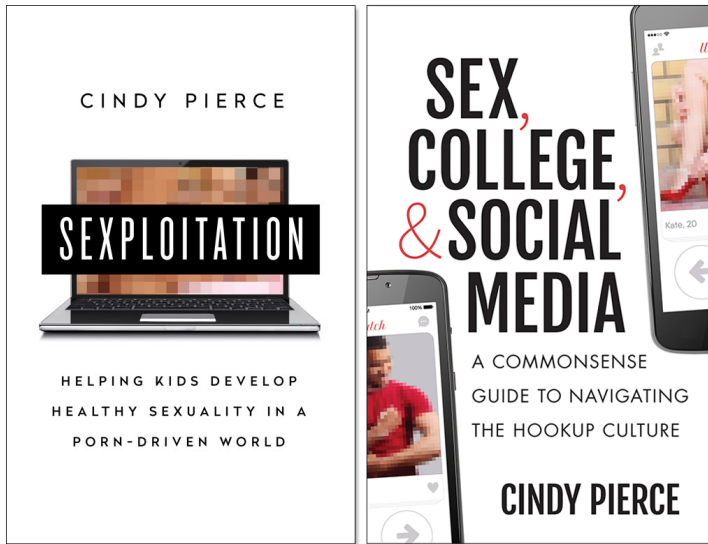
[*Sexploitation: Helping Kids Develop Healthy Sexuality in Porn-Driven World*](#)

(Bibliomotion, 2015)

and

[*Sex, College and Social Media: A Commonsense Guide to Navigating the Hookup Culture*](#)

(Bibliomotion, 2016)



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