

### **April 2023 Newsletter**

### **Social Survival for Boys**

The Challenges of Navigating Online Pressure

Hello Readers,

My concern for the wellbeing of boys and men started young and eventually inspired me to become an educator and a speaker. Flying under the radar in the land of boys well into my teens allowed me to witness common ways that boys manage the pressure to feel enough. Playing on boys' sports teams and joining their recess games were the realms where I saw their deepest fears exposed. For a time, I managed my own jostle in the hierarchy of recess or practice by piling on. After two of my male ski pals openly shared what was required for them to socially survive each day, I became aware of the undercurrent and developed compassion for most guys.

I support and present to young people of all ages and genders, but we have reached a critical point where we need to attend to the challenges boys and young men face. I believe that addressing difficult topics and sharing information with boys and young men is beneficial for all genders in a community. READ MORE

# Cindy's Recent & Upcoming Engagements

#### **RECENT PRESENTATIONS:**

- Salisbury School -Salisbury, CT
- Kappa Delta Epsilon,
   Dartmouth College Hanover, NH
- Kappa Alpha Theta Sorority & Delta Chi Fraternity, Cornell University - Ithaca,
- Vail Mountain School
   Vail, CO
- Ski Club Vail,
   Coaching Staff Vail,
   CO
- St. John's Prep -Danbury, MA
- Cardigan Mountain School - Canaan, NH
- Marvelwood School -Kent, CT

# CONFIRMED UPCOMING PRESENTATIONS:

• The Peddie School -Hightstown, NJ

## Why I'm done trying to be "man enough"

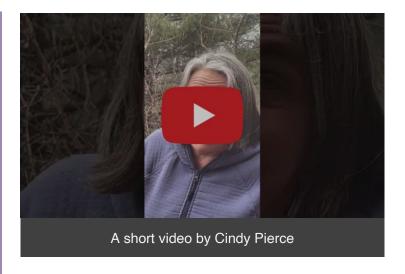
Justin Baldoni • TED 2018



"In a warm, personal talk, Justin shares his effort to reconcile who he is with who the world tells him a man should be. And he has a challenge for men: 'See if you can use the same qualities that you feel make you a man to go deeper,' he says. 'Your strength, your bravery, your toughness: Are you brave enough to be vulnerable? Are you strong enough to be sensitive? Are you confident enough to listen to the women in your life?" TED 2018

# How Boys Face Relentless Pressure to Prove Themselves

- Beaver Country Day -Chestnut Hill, MA
- Crossett Brook
   Middle School Duxbury, VT
- Martin Luther King, Jr. Middle School (parents only) -Berkeley, CT
- Ivanhoe Elementary
  School (parents only)
  - Los Angeles, CA
- Waterville Valley
   Academy WV, NH
- Moses Brown School
  - Providence, RI



# Check out Cindy's YouTube channel ONWARD WITH THE AWKWARD

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### **Cindy Pierce**

Social Sexuality Educator, Author & Comic Storyteller

www.cindy-pierce.com

#### Books by Cindy:

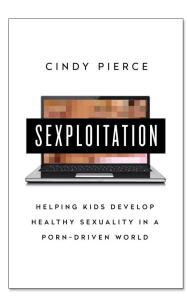
Sexploitation: Helping Kids Develop Healthy
Sexuality in Porn-Driven World

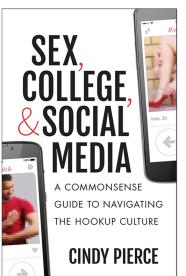
(Bibliomotion, 2015)

and

Sex, College and Social Media: A Commonsense Guide to Navigating the Hookup Culture

(Bibliomotion, 2016)









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