

Cindy Pierce

Speaker, Author & Comic Storyteller

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[**How Porn Skews Sexual Expectations**](#) By Cindy Pierce TEDxKenmoreSquare

Books by Cindy

[**Sexploitation: Helping Kids Develop Healthy Sexuality in a Porn-Driven World**](#) and [**Sex, College and Social Media: A Commonsense Guide to Navigating the Hookup Culture**](#)

I HIGHLY recommend [**Lynn Lyons**](#), LICSW - Anxiety Expert, Speaker, Author and Psychotherapist [**Flusterclux**](#) podcast with Lynn Lyons

Sexuality Education:

- ***Sex, Teens, & Everything in Between: The New and Necessary Conversations Today's Teenagers Need to Have about Consent, Sexual Harassment, Healthy Relationships, Love, and More*** by [Shafia Zaloom](#)
- ***Stop Sweating & Start Talking: How to Make SEX Chats with Your Kids Easier Thank You Think*** by [Andrea Brand](#)
- ***What is Your Sexual Footprint?*** by Al Vernacchio at TEDx Youth@SanDiego2013
- ***Sexuality Education*** by Al Vernacchio@TEDxWakeForestU
- ***Sex needs a new metaphor. Here's One...*** by Al Vernacchio TED 2012
- ***For Goodness Sex; Changing the Way We Talk to Teens About Sexuality, Values, and Health*** by [Al Vernacchio](#)
- ***Sex and Faith: Talking with Your Child from Birth to Adolescence*** by [Kate Ott](#)
- ***Dating Smarts: What EVERY Teen needs to Know to Date, Relate or Wait!*** by [Amy Lang, MA](#)
- ***American Hookup: The New Culture of Sex on Campus*** by [Lisa Wade](#)
- ***Sexuality Education for Youth on the Autism Spectrum*** Planned Parenthood League of Massachusetts
- ***Puberty and Sexuality Education Resources for Youth with Autism*** Seattle Children's – Autism Center
- [**Sex, Etc**](#) • [**Go Ask Alice**](#) • [**Scarleteen**](#) • [**Ask Roo**](#) • [**okayso**](#) • [**Confidential**](#)

Porn:

- [**How Porn Skews Sexual Expectations**](#) By Cindy Pierce TEDxKenmoreSquare
- [**Our Kids Online: Porn, Predators & How to keep them safe**](#) Rob Cope and ZareenSheikh-Cope [**NZHerald interview**](#) with Rob Cope

- [***The Reward Foundation: Love, Sex and the Internet***](#)
- [**Dr. Carolyn West**](#) is an expert on racism in pornography as well as an International Speaker, Filmmaker, Author, Domestic Violence Expert, Cultural Sensitivity Trainer, Expert Witness. Podcast: [***Consider Before Consuming***](#)
- [***Why I Stopped Watching Porn***](#) by Ran Gavrieli
- [***The great porn experiment***](#) by Gary Wilson TEDxGlasgow
- [***Your Brain On Porn***](#) by Gary Wilson
- [***Porn Gave Me a Limp Noodle – Why I Told the World***](#) by Gabe Deem – Reboot Nation
- [***Hot Girls Wanted***](#) A 2015 Sundance Selection and 2015 Emmy Award Nominee [**trailer**](#)
- [***Laid Bare with Anonymous X***](#) podcast interview with former porn performer by Stephanie Boye
- [***A Mother's Concern and Action***](#) TEDxCharleston by Stephanie Boye

Antiracism:

- [***Reflections from a Token Black Friend***](#) By Ramesh A. Nagarajah, June 4, 2020
- [***The mental health impact of anti-Asian racism***](#) by Zara Abrams, April 9, 2021
- [***Uncomfortable Conversations With a Black Man***](#) by Emmanuel Acho
He also has a YouTube channel that is fantastic:
<https://uncomfortableconvos.com/watch>
- [***How To Start Conversations About Anti-Asian Racism With Your Family***](#) with Anna Sirianni and Audie Cornish on Code Switch March 24, 2021
- [**Trailer**](#) for [**13th**](#) by Ava Duvernay
- [***Unlocking Us***](#) with Brené Brown with [***Ibram X. Kendi How To Be an Antiracist***](#)

Social Media:

- [***MEDIAGIRLS: MAKING OVER THE MEDIA***](#)
- [***Screenwise; Helping Kids Thrive \(and Survive\) in Their Digital World***](#) by Devorah Heitner, PhD Website: [Raising Digital Natives](#)
- [***Talk to Your Kids About Porn***](#) by Natasha Singh
- [***The Social Dilemma***](#) film on Netflix

Boundaries and Connection:

- [***One Trusted Adult: How to Build Strong Connections & Healthy Boundaries with Young People***](#) by Brooklynn Raney
- [**Vicki Hoefle**](#) – Parenting Coach, Speaker, Author

- [*What Parents Can Do to Stop Sexual Harassment*](#) by Richard Weissbourd and Alison Cashin
- [*Body Sovereignty and Kids: How we can cultivate a culture of consent*](#) | Monica Rivera | TEDxCSU

Girls and Young Women:

- [Lisa Damour](#), PhD, Author of *Under Pressure* and *Untangled*
- [*What young women believe about their own sexual pleasure*](#) by Peggy Orenstein TEDWomen 2016
- [*Girls and Sex: Navigating the New Complicated Landscape*](#) by Peggy Orenstein
- [*Dear Younger Me*](#) by Lauren Fleshman – Stanford Runner
- [*Beauty Sickness*](#) by Renee Engeln – TED talk

Boys and Young Men:

- [*Everyone is Going Through Something*](#) by Kevin Love
- [*Boys and Sex: Young Men on Hookups, Love, Porn, Consent, and Navigating the New Masculinity*](#) by Peggy Orenstein
- [*The Mask You Live*](#) In follows boys and young men as they struggle to stay true to themselves while they negotiate America's narrow definition of masculinity
- [*What is Masculinity? | That's What He Said*](#) by Soul Pancake
- [*Why men don't talk*](#) Man Enough Episode 1
- [*Why I am Done Being "Man Enough"*](#) TED talk by Justin Baldoni
- [*Under the Hood Talk*](#) Encouraging conversations around male social norms. We strive to highlight the best of men and promote positive masculinity [#JointheMovement](#)

Gender Nonconforming and Transgender Youth:

- [*Tomorrow Will Be Different: Love, Loss, and the Fight for Trans Equality*](#) by Sarah McBride
- [*Understanding the Complexities of Gender*](#) – Sam Killermann's TEDxUofIChicago speech
- [*Brain structure and function in gender dysphoria*](#) by Julie Bakker
- [*Becoming Nicole: The Transformation of an American Family*](#) by Amy Ellis Nutt
- [*There's a very simple way to seriously help transgender youth, according to this study*](#) by Karen Fratti
- [*The Gender Spectrum: Move beyond the pink/blue binary to support students who don't conform to narrow gender norms*](#) by Carrie Kilman
- [*The Pride Guide: The Guide to Sexual and Social Health for LGBTQ*](#) by [Joe Langford](#)

