

Sexuality Education Resources for Parents of Younger Children (3-10)

Cindy Pierce

[*How Porn Skews Sexual Expectations*](#) By Cindy Pierce TEDxKenmoreSquare
Books by Cindy

[*Sexploitation: Helping Kids Develop Healthy Sexuality in a Porn-Driven World*](#) and [*Sex, College and Social Media: A Commonsense Guide to Navigating the Hookup Culture*](#)

I HIGHLY recommend checking out the work of Lynn Lyons to learn about worry and anxiety in kids and how parents can help:

[Lynn Lyons](#), LICSW - Anxiety Expert, Speaker, Author and Psychotherapist
[Flusterclux](#) podcast with Lynn Lyons

The Case for Sex Education in Kindergarten - PBS Newshour

[Video](#)

[Article](#)

[Article with video](#)

[Amaze.com](#) - More info. Less Weird.

Amaze takes the awkward out of sex ed. Real info in fun, animated videos that give you all the answers you actually want to know about sex, your body and relationships.

Sexuality educator Anya Manes – an educator and coach for parents and kids on having open and honest conversations about sex, relationships and healthy boundaries. [Follow this link](#) to see Anya's welcome video

[Great Conversations](#) about growing up together – Julie Metzger

[Birds + Bees + Kids](#) - Amy Lang is clear and has great scripts for talking to little kids about sexual topics.

[Our Kids Online: Porn, Predators & How to keep them safe](#) Rob Cope and ZareenSheikh-Cope [NZHerald interview](#) with Rob Cope

[Protect Young Minds](#) with Kristen A. Jenson

For Kids and Parents:

It's So Amazing! By Robie Harris

It's NOT the Stork By Robie Harris

It's Perfectly Normal By Robie Harris