

Cindy Pierce

Speaker, Author & Comic Storyteller

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[**How Porn Skews Sexual Expectations**](#) By Cindy Pierce TEDxKenmoreSquare

Books by Cindy

[**Sexploitation: Helping Kids Develop Healthy Sexuality in a Porn-Driven World**](#) and [**Sex, College and Social Media: A Commonsense Guide to Navigating the Hookup Culture**](#)

I HIGHLY recommend [**Lynn Lyons**](#), LICSW - Anxiety Expert, Speaker, Author and Psychotherapist [**Flusterclux**](#) podcast with Lynn Lyons

Sexuality Education:

- [**ShafiaZaloom.com**](#) *Sex, Teens, & Everything in Between: The New and Necessary Conversations Today's Teenagers Need to Have about Consent, Sexual Harassment, Healthy Relationships, Love, and More* by Shafia Zaloom
- [**What is Your Sexual Footprint?**](#) by Al Vernacchio at TEDx Youth@SanDiego2013
- [**Sexuality Education**](#) by Al Vernacchio@TEDxWakeForestU
- [**Sex needs a new metaphor. Here's One...**](#) by Al Vernacchio TED 2012
- *For Goodness Sex; Changing the Way We Talk to Teens About Sexuality, Values, and Health* by [**Al Vernacchio**](#)
- *Sex and Faith: Talking with Your Child from Birth to Adolescence* by [**Kate Ott**](#)
- *Dating Smarts: What EVERY Teen needs to Know to Date, Relate or Wait!* by [**Amy Lang, MA**](#)
- *American Hookup: The New Culture of Sex on Campus* by [**Lisa Wade**](#)
- [**Sexuality Education for Youth on the Autism Spectrum**](#) Planned Parenthood League of Massachusetts
- [**Puberty and Sexuality Education Resources for Youth with Autism**](#) Seattle Children's – Autism Center
- [**Sex, Etc**](#)
- [**Go Ask Alice**](#)
- [**Scarleteen**](#)
- [**Ask Roo**](#)

Porn:

- [**How Porn Skews Sexual Expectations**](#) By Cindy Pierce TEDxKenmoreSquare

- [***Our Kids Online: Porn, Predators & How to keep them safe***](#) Rob Cope and ZareenSheikh-Cope [**NZHerald interview**](#) with Rob Cope
- [***Your Brain On Porn***](#) by Gary Wilson
- [***The Reward Foundation: Love, Sex and the Internet***](#)
- [***Dr. Carolyn West***](#) is an expert on racism in pornography as well as an International Speaker, Filmmaker, Author, Domestic Violence Expert, Cultural Sensitivity Trainer, Expert Witness. Podcast: [***Consider Before Consuming***](#)
- [***Why I Stopped Watching Porn***](#) by Ran Gavrieli
- [***The great porn experiment***](#) by Gary Wilson TEDxGlasgow
- [***Porn Gave Me a Limp Noodle – Why I Told the World***](#) by Gabe Deem – Reboot Nation
- [***Hot Girls Wanted***](#) A 2015 Sundance Selection and 2015 Emmy Award Nominee [**trailer**](#)
- [***Laid Bare with Anonymous X***](#) podcast with Stephanie Boye
- [***A Mother's Concern and Action***](#) TEDxCharleston by Stephanie Boye

Antiracism:

- [***Reflections from a Token Black Friend***](#) By Ramesh A. Nagarajah, June 4, 2020
- [***The mental health impact of anti-Asian racism***](#) by Zara Abrams, April 9, 2021
- [***Uncomfortable Conversations With a Black Man***](#) by Emmanuel Acho
He also has a YouTube channel that is fantastic:
<https://uncomfortableconvos.com/watch>
- [***How To Start Conversations About Anti-Asian Racism With Your Family***](#) with Anna Sirianni and Audie Cornish on Code Switch March 24, 2021
- [***Trailer***](#) for [***13th***](#) by Ava Duvernay
- [***Unlocking Us***](#) with Brené Brown with [***Ibram X. Kendi How To Be an Antiracist***](#)

Social Media:

- [***MEDIAGIRLS: MAKING OVER THE MEDIA***](#)
- [***Screenwise; Helping Kids Thrive \(and Survive\) in Their Digital World***](#) by Devorah Heitner, PhD Website: [**Raising Digital Natives**](#)
- [***Talk to Your Kids About Porn***](#) by Natasha Singh
- [***The Social Dilemma***](#) film on Netflix

Boundaries and Connection:

- [***One Trusted Adult: How to Build Strong Connections & Healthy Boundaries with Young People***](#) by Brooklynn Raney

- [Vicki Hoefle](#) – Parenting Coach, Speaker, Author
- [What Parents Can Do to Stop Sexual Harassment](#) by Richard Weissbourd and Alison Cashin
- [Body Sovereignty and Kids: How we can cultivate a culture of consent](#) | Monica Rivera | TEDxCSU

Girls and Young Women:

- [Lisa Damour](#), PhD, Author of *Under Pressure* and *Untangled*
- [What young women believe about their own sexual pleasure](#) by Peggy Orenstein TEDWomen 2016
- [Girls and Sex: Navigating the New Complicated Landscape](#) by Peggy Orenstein
- [Dear Younger Me](#) by Lauren Fleshman – Stanford Runner
- [Beauty Sickness](#) by Renee Engeln – TED talk

Boys and Young Men:

- [Everyone is Going Through Something](#) by Kevin Love
- [Boys and Sex: Young Men on Hookups, Love, Porn, Consent, and Navigating the New Masculinity](#) by Peggy Orenstein
- [The Mask You Live In](#) follows boys and young men as they struggle to stay true to themselves while they negotiate America's narrow definition of masculinity
- [What is Masculinity? | That's What He Said](#) by Soul Pancake
- *Guys, We Have a Problem: How American Masculinity Creates Lonely Men* Hidden Brain
- [Why men don't talk](#) Man Enough Episode 1
- [Why I am Done Being "Man Enough"](#) TED talk by Justin Baldoni

Gender Nonconforming and Transgender Youth:

- [Tomorrow Will Be Different: Love, Loss, and the Fight for Trans Equality](#) by Sarah McBride
- [Understanding the Complexities of Gender](#) – Sam Killermann's TEDxUofIChicago speech
- [Brain structure and function in gender dysphoria](#) by Julie Bakker
- [Becoming Nicole: The Transformation of an American Family](#) by Amy Ellis Nutt
- [There's a very simple way to seriously help transgender youth, according to this study](#) by Karen Fratti
- [The Gender Spectrum: Move beyond the pink/blue binary to support students who don't conform to narrow gender norms](#) by Carrie Kilman
- [The Pride Guide: The Guide to Sexual and Social Health for LGBTQ](#)

by [Joe Langford](#)